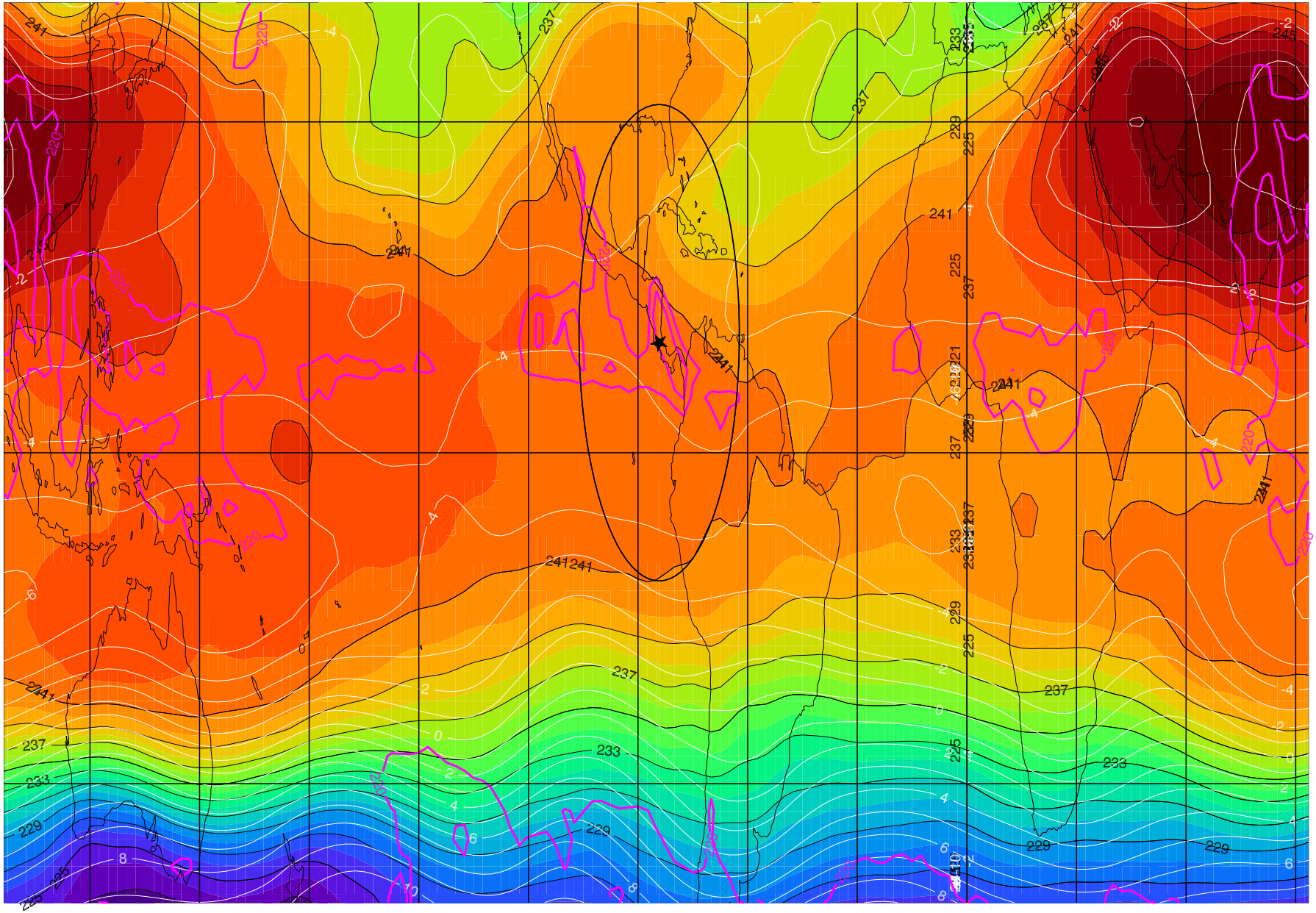300 hPa Temp. (K) July 1986.00